

Matrix treatments have been clinically proven to relieve the following conditions

- ❖ Concussion
- ❖ Headaches & Migraines
- ❖ Tinnitus
- ❖ Sinus problems
- ❖ TMJ dysfunction and pain
- ❖ Neck pain / Whiplash
- ❖ Frozen Shoulder
- ❖ Carpal Tunnel Syndrome
- ❖ Heartburn
- ❖ Snoring & Apnea
- ❖ Low back pain
- ❖ Hip dysfunction
- ❖ Sciatic pain
- ❖ Knee pain
- ❖ Ankle injuries
- ❖ Plantar fasciitis
- ❖ Tendinitis
- ❖ Fractures & Sprains
- ❖ Repetitive Strain Injuries

Visit us
to find out how Matrix
Repatterning can help you

Michel Boily, RMT, CMRP

It's All About You

CENTRE FOR COMPLEMENTARY HEALTH

14550 Dufferin Street,
King City, ON L7B 1K5
905-833-6444

www.itsallaboutyou.ca

BENEFITS AND VALUE

- Matrix Repatterning finds and treats the PRIMARY SITES OF INJURY
- Safe and gentle treatments
- Lasting relief from pain
- More energy / vitality
- Relieves joint dysfunction
- Improves metabolism
- Better sleep & better mood
- Speeds recovery of recent injury
- Chronic injuries can be corrected
- Limited number of treatments



**REGAIN
YOUR
QUALITY
OF
LIFE!**

MATRIX REPATTERNING

**A revolutionary and gentle
manual technique
for
LASTING RECOVERY
FROM PHYSICAL INJURY**

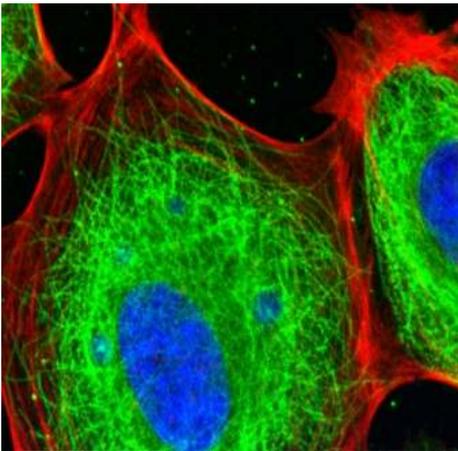


**Is it time for you
to take a new path?**

What is Matrix Repatterning?

Matrix Repatterning is a **safe and effective** treatment for people of all ages that corrects a wide variety of structural dysfunctions caused by trauma. Many patients have found **lasting, drug-free relief** from symptoms such as back pain, headaches, nerve and joint pain, and even fibromyalgia.

Physical injuries from falls and impacts, accumulated from birth onward, can result in subtle but deep structural changes in the body. While the body is designed to do a remarkable job of compensating for these changes, symptoms or dysfunction are experienced when it can no longer do so.



Photomicrograph of living cells: Cell membrane in red, nucleus in blue, and microtubules / filaments in green.

Matrix Repatterning is a **revolutionary physical therapy**, because it treats the body's cellular matrix - the network of interconnected cells throughout the body.

How does it work?

A Matrix Repatterning Practitioner (*) is a highly trained health care professional who **precisely locates and treats key injuries at the source**. Often the symptoms are not located where the root of the problem is, which is why traditional treatments applied to a symptomatic area seldom bring lasting relief.

A Matrix Practitioner applies **gentle** but **precisely focused pressure** to normalize the electrical properties of deep tissues where the energy from the injury is held. This helps to **restore flexibility and function** to the injured cells, which **facilitates deeper healing**.



Most people who undergo Matrix treatments notice an improvement after only a few sessions, and many achieve lasting relief by the end of the treatment plan (typically 6 - 10 sessions).

Only new injuries would warrant the need for more treatment.

Your body has an innate ability to heal itself, regardless of the age of the injury.

() Certified Matrix Repatterning Practitioners (CMRPs) are registered health care professionals trained by Dr. George Roth, who developed this modality over the past 30 years. CMRPs are continually updated and recertified every 2 years.*

Pathway to wellness

It only takes an instant to sustain a serious injury, but the effects can be long-lasting. When ongoing medication and treatment do not resolve your condition, you might be told to live with discomfort and pain and adapt to your new limitations.

However, the human body is uniquely equipped to heal naturally from even the most serious injuries, given the right **"Healing Environment"**.

Matrix Repatterning addresses injury at its very root, and is therefore a **most effective treatment** protocol. Other key elements of the "Environment" that greatly facilitate recovery include:

- Desire to get better
- Belief in one's ability to heal
- Healthy nutrition
- Sufficient water intake
- Rest & adequate sleep
- Patience and perseverance
- Minimizing sources of stress
- Home care as directed
- Gradual and appropriate exercise

Your Matrix Practitioner's top priority is your optimum level of wellness.